


When activities are on at the club, we are open for Pool and coffee and conversation. Daily fee applies.

# October, 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Sherwood Park 55 Plus Club 50A Spruce Avenue Sherwood Park, AB Phone 780-467-8389 <a href="http://www.55plusclub.ca">www.55plusclub.ca</a>	Crib Tournament will be Oct 15 at 1:00 p.m. Potluck supper is October 18 at 5:30				1) 5:00 pm Dinner Club Nizza Pizza Wye Road  6:30 pm Canasta, Pool
2)	3) 9:30 am Floor Curling  1:00 pm Duplicate Bridge  6:30 pm Canasta, Games, Pool	4) 10 am Director's Meeting  9:30 – noon Carpet Bowling  1:00 pm Bridge, Cards	5) 9:30-10:30 am Chair Yoga 10:45-11:45 am Chair Yoga 10:30 am Coffee and Conversation 1:00 pm Euchre  6:30 pm Cribbage	6) 9:30 am Floor Curling  1:00 pm Canasta, Games, Pool  6:30 pm Duplicate Bridge	7) 9:30 – noon Carpet Bowling 1:00 - 4:00 pm American Standard Bridge 6:30 pm Canasta, Games, Pool 6:30 pm – Coffee and conversation – Everyone Welcome	8) 5:00 pm Dinner Club Uncle Ed's Restaurant 4824 – 118 Ave Edmonton AB  6:30 pm Canasta, Pool
9)	10) 9:30 am Floor Curling  1:00 pm Duplicate Bridge  6:30 pm Canasta, Games, Pool	11) 9:30 – noon Carpet Bowling  1:00 pm Bridge, Cards	12) 9:30-10:30 am Chair Yoga 10:45-11:45 am Chair Yoga 10:30am Coffee and Conversation 1:00 pm Euchre  6:30 pm Cribbage	13) 9:30 am Floor Curling  1:00 pm Canasta, Games, Pool  6:30 pm Duplicate Bridge	14) 9:30 – noon Carpet Bowling 1:00 - 4:00 pm American Standard Bridge 6:30 pm Canasta, Games, Pool	15) 1:00 4:00 Crib Tournament \$5 per person 5:00 pm Dinner Club Headquarters Granada Boulevard  6:30 pm Canasta, Pool
16)	17) 9:30 am Floor Curling  1:00 pm Duplicate Bridge  6:30 pm Canasta, Games, Pool	18) 9:30 – noon Carpet Bowling  1:00 pm Bridge, Cards  5:30 Pot Luck	19) 9:30-10:30 am Chair Yoga 10:45-11:45 am Chair Yoga 10:30am Coffee and Conversation 1:00 pm Euchre  6:30 pm Cribbage	20) 9:30 am Floor Curling  1:00 pm Canasta, Games, Pool  6:30 pm Duplicate Bridge	21) 9:30 – noon Carpet Bowling 1:00 - 4:00 pm American Standard Bridge 6:30 pm Canasta, Games, Pool	22) 5:00 pm Dinner Club Royal Pizza Baseline Road  6:30 pm Canasta, Pool
23)	24/30) 9:30 am Floor Curling  1:00 pm Duplicate Bridge  6:30 pm Canasta, Games, Pool	25/31) 9:30 – noon Carpet Bowling  1:00 pm Bridge, Cards	26) 9:30-10:30 am Chair Yoga 10:45-11:45 am Chair Yoga 10:30am Coffee and Conversation 1:00 pm Euchre  6:30 pm Cribbage	27) 9:30 am Floor Curling  1:00 pm Canasta, Games, Pool  6:30 pm Duplicate Bridge	28) 9:30 – noon Carpet Bowling 1:00 - 4:00 pm American Standard Bridge 6:30 pm Canasta, Games, Pool	29) 5:00 pm Dinner Club Rickys Wye Road  6:30 pm Canasta, Pool

Interested in Chair Yoga on Friday mornings??? – See Cathy B or leave a message at 780-467-8389

When activities are on at the club, we are open for Pool and coffee and conversation. Daily fee applies.

# November, 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Sherwood Park 55 Plus Club 50A Spruce Avenue Sherwood Park, AB Phone 780-467-8389 <a href="http://www.55plusclub.ca">www.55plusclub.ca</a>	1) 10 am Director's Meeting  9:30 – noon Carpet Bowling  1:00 pm Bridge, Cards	2) 9:30-10:30 am Chair Yoga 10:45-11:45 am Chair Yoga 1:00 pm Euchre  6:30 pm Cribbage	3) 9:30 am Floor Curling  1:00 pm Canasta, Games, Pool  6:30 pm Duplicate Bridge	4) 9:30 – noon Carpet Bowling 1:00 - 4:00 pm American Standard Bridge 6:30 pm Canasta, Games, Pool 6:30 pm – Coffee and conversation – Everyone Welcome	5) 5:00 pm Dinner Club Smiley's Village Fir Street  6:30 pm Canasta, Pool
6)	7) 9:30 am Floor Curling  1:00 pm Duplicate Bridge, Whist  6:30 pm Canasta, Games, Pool	8) 9:30 – noon Carpet Bowling  1:00 pm Bridge, Cards	9) 9:30-10:30 am Chair Yoga 10:45-11:45 am Chair Yoga 10:30 am Coffee and Conversation 1:00 pm Euchre  6:30 pm Cribbage	10) 9:30 am Floor Curling  1:00 pm Canasta, Games, Pool  6:30 pm Duplicate Bridge	11) 9:30 – noon Carpet Bowling 1:00 - 4:00 pm American Standard Bridge 6:30 pm Canasta, Games, Pool 6:30 pm – Coffee and conversation – Everyone Welcome	12) 5:00 pm Dinner Club Clark's Restaurant Broadway  6:30 pm Canasta, Pool
13)	14) 9:30 am Floor Curling  1:00 pm Duplicate Bridge, Whist  6:30 pm Canasta, Games, Pool	15) 9:30 – noon Carpet Bowling  1:00 pm Bridge, Cards  5:30 Pot Luck	16) 9:30-10:30 am Chair Yoga 10:45-11:45 am Chair Yoga 10:30am Coffee and Conversation 1:00 pm Euchre  6:30 pm Cribbage	17) 9:30 am Floor Curling  1:00 pm Canasta, Games, Pool  6:30 pm Duplicate Bridge	18) 9:30 – noon Carpet Bowling 1030 Casino bus departs 1:00 - 4:00 pm American Standard Bridge 6:30 pm Canasta, Games, Pool	19) 1:00 4:00 Crib Tournament \$5 per person 5:00 pm Dinner Club Swiss Chalet Baseline Rd  6:30 pm Canasta, Pool
20)	21) 9:30 am Floor Curling  1:00 pm Duplicate Bridge, Whist  6:30 pm Canasta, Games, Pool	22) 9:30 – noon Carpet Bowling  1:00 pm Bridge, Cards	23) 9:30-10:30 am Chair Yoga 10:45-11:45 am Chair Yoga 10:30am Coffee and Conversation 1:00 pm Euchre  6:30 pm Cribbage	24) 9:30 am Floor Curling  1:00 pm Canasta, Games, Pool  6:30 pm Duplicate Bridge	25) 9:30 – noon Carpet Bowling 1:00 - 4:00 pm American Standard Bridge 6:30 pm Canasta, Games, Pool	26) 5:00 pm Dinner Club Willy's Restaurant Lakeland Village Blvd  6:30 pm Canasta, Pool
27)	28) 9:30 am Floor Curling  1:00 pm Duplicate Bridge, Whist  6:30 pm Canasta, Games, Pool	29) 9:30 – noon Carpet Bowling  1:00 pm Bridge, Cards	30) 9:30-10:30 am Chair Yoga 10:45-11:45 am Chair Yoga 10:30am Coffee and Conversation 1:00 pm Euchre 6:30 pm Cribbage	<p><b>NOTE: Wednesday Coffee and Conversation cancelled for Nov 2<sup>nd</sup>.</b></p> <p>Potluck supper is the 15<sup>th</sup> at 5 :30 p.m. All members welcome. Crib tournament will be the 19<sup>th</sup> – invite your friends Casino – Nov 18<sup>th</sup> at 1030 – sign up in advance</p>		